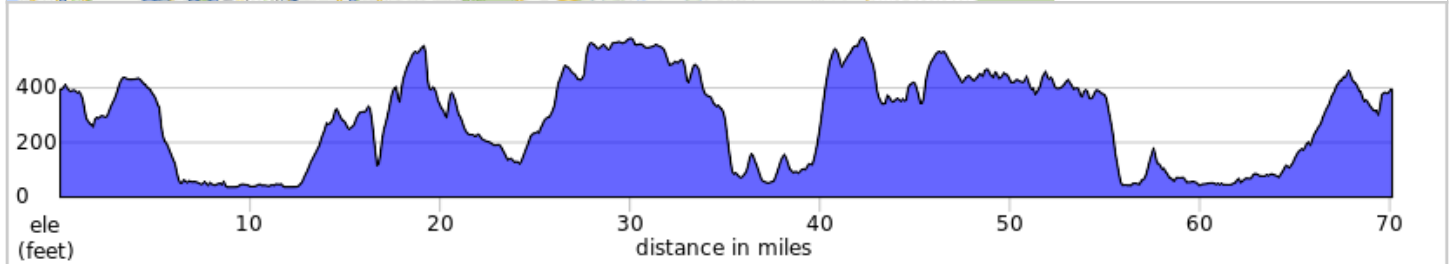
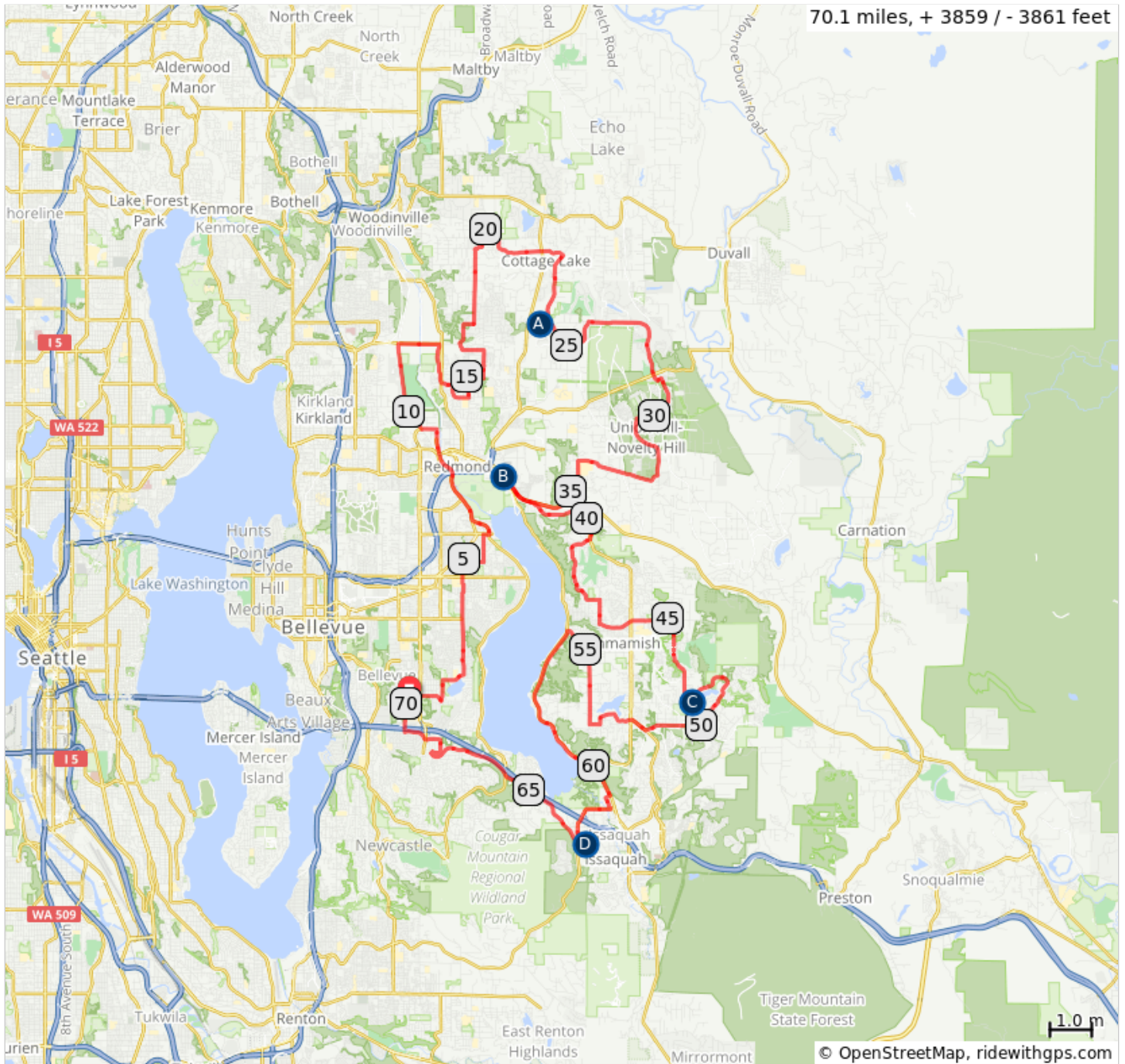


# 2018 Cycle the WAVE - MIGHTY SISTER 70 Mile



- |    |                          |    |                     |
|----|--------------------------|----|---------------------|
| A. | Woodinville Fire Station | C. | rest stop           |
| B. | REST STOP                | D. | Tibbets Valley Park |



## 2018 Cycle the WAVE - MIGHTY SISTER 70 Mile

Num	Dist	Type	Note
1.	0.0		Start of route
2.	0.0		L onto Kelsey Creek Rd
3.	0.2		Continue onto SE 24th St
4.	0.3		L onto 145th Pl SE
5.	0.4		R onto SE 22nd St
6.	1.2		Sharp L onto 156th Ave SE
7.	1.7		R onto SE 16th St
8.	1.9		Slight L onto SE Phantom Way
9.	2.2		L onto 164th Ave SE

2.2 miles. +61/-157 feet

Num	Dist	Type	Note
10.	4.9		R onto NE 30th St
11.	5.4		L onto 172nd Ave NE
12.	5.4		Steep descent
13.	6.1		R onto NE 40th St
14.	6.2		L onto West Lake Sammamish Pkwy NE
15.	6.8		R to stay on West Lake Sammamish Pkwy NE

4.6 miles. +11/-325 feet

Num	Dist	Type	Note
16.	7.2		Slight R to stay on West Lake Sammamish Pkwy NE
17.	7.6		Slight R to stay on West Lake Sammamish Pkwy NE
18.	9.2		L onto NE 90th St
19.	9.6		R onto Willows Rd NE
20.	11.7		R onto NE 124th St
21.	11.7		RR XING
22.	12.7		R onto 154th Pl NE

5.9 miles. +82/-86 feet

Num	Dist	Type	Note
23.	13.6		Continue onto NE 109th St
24.	13.9		Continue onto 160th Ave NE
25.	14.1		Continue onto NE 104th St
26.	14.5		L onto 166th Ave NE
27.	15.0		Slight R onto NE 111th St
28.	15.3		L onto 172nd Ave NE
29.	15.6		At the traffic circle, continue straight to stay on 172nd Ave NE

3.0 miles. +181/-79 feet

Num	Dist	Type	Note
30.	16.0	←	L onto NE 122nd St
31.	16.5	↑	Continue onto 162nd PI NE
32.	16.8	↑	Continue onto 164th Ave NE
33.	17.2	→	R onto NE 132nd St
34.	17.4	←	Slight L onto 168th Ave NE
35.	19.2	→	R onto NE 160th PI
36.	19.4	←	Slight L onto 171st PI NE
37.	19.9	→	R onto 172nd PI NE

4.3 miles. +487/-439 feet

Num	Dist	Type	Note
38.	20.0	→	Slight R onto 174th Ave NE
39.	20.2	↑	Continue straight onto NE 165th St
40.	20.4	→	R onto 177th PI NE
41.	20.5	↑	Continue straight onto NE 160th PI
42.	20.7	↑	Continue onto NE 159th St
43.	21.9	↑	Continue onto NE 158th St
44.	22.1	↑	Continue onto NE 157th St
45.	22.1	→	R onto Mink Rd NE

2.3 miles. +79/-183 feet

Num	Dist	Type	Note
46.	22.7	←	Slight L onto Bear Creek Rd NE
47.	23.9	↑	Continue to rest stop
48.	24.0	🍴	REST STOP: Woodinville Fire Station
49.	24.0	→	R out of driveway
50.	24.0	→	R onto NE 133rd St
51.	24.3	→	R onto 198th Dr NE
52.	24.9	↑	Continue onto NE 124th St

2.8 miles. +121/-83 feet

Num	Dist	Type	Note
53.	25.1	←	NE 124th St turns L and becomes 205th PI NE
54.	25.2	↑	Continue onto NE 126th Way
55.	25.5	↑	Continue onto 211th Way NE
56.	26.0	→	R onto NE 133rd St
57.	27.4	↑	Continue onto Trilogy Pkwy NE
58.	28.1	↑	At the traffic circle, continue straight to stay on Trilogy Pkwy NE

3.2 miles. +382/-62 feet

Num	Dist	Type	Note
59.	28.8	←	L onto NE 113th Way
60.	28.9	→	R onto Eastridge Dr NE
61.	29.5	↑	At the traffic circle, 1st exit onto NE Cedar Park Cres
62.	30.5	↑	At the traffic circle, 3rd exit onto Redmond Ridge Dr NE
63.	31.5	↑	Continue onto 238th Ave NE
64.	32.1	→	R onto NE Union Hill Rd
65.	34.2	←	L onto 208th Ave NE

6.1 miles. +154/-331 feet

Num	Dist	Type	Note
66.	34.9	↑	Continue onto 204th PI NE
67.	35.4	→	R onto Redmond-Fall City Rd NE
68.	37.1	←	Sharp L onto E Lake Sammamish Pkwy NE
69.	37.2	→	R
70.	37.2	→	R
71.	37.4	←	L onto NE 65th St
72.	37.4	←	L onto E Lake Sammamish Pkwy NE

3.2 miles. +91/-353 feet

Num	Dist	Type	Note
73.	37.5	→	Sharp R onto Redmond Way/Redmond-Fall City Rd NE
74.	38.5	→	R onto 192nd Dr NE
75.	38.5	←	FIRST L onto 192nd PI NE - becomes NE 50th St
76.	39.7	→	R onto Sahalee Way NE
77.	40.5	→	R onto NE 37th Way
78.	40.9	↑	Continue onto 205th PI NE - becomes NE 19th PI then 211th Way NE

3.5 miles. +558/-81 feet

Num	Dist	Type	Note
79.	42.4	↑	Continue onto NE 16th St
80.	42.7	→	R onto 216th Ave NE
81.	43.2	↑	At the traffic circle, 3rd exit onto NE Inglewood Hill Rd
82.	44.1	↑	Continue onto NE 8th St
83.	44.4	↑	At the traffic circle, continue straight to stay on NE 8th St
84.	45.1	↑	At the traffic circle, 1st exit onto 244th Ave NE

4.2 miles. +113/-278 feet

Num	Dist	Type	Note
85.	45.6	↑	At the traffic circle, continue straight onto 244th Ave SE
86.	46.1	←	L onto SE Windsor Blvd
87.	46.4	↑	Continue onto 248th Ave SE
88.	47.2	←	L onto SE 24th St (at T intersection); Immediate R onto SE 24th
89.	47.3	→	R onto SE 24th St
90.	47.4	🍴	REST STOP - Beaver Lk Park

2.3 miles. +84/-99 feet

Num	Dist	Type	Note
91.	47.4	←	SE 24th St turns slightly L and becomes W Beaver Lake Dr SE
92.	50.1	→	R onto SE 32nd St/SE Issaquah-Beaver Lake Rd
93.	51.6	↑	At the traffic circle, 1st exit onto Issaquah-Pine Lake Rd SE
94.	52.0	↑	Continue onto SE 30th St
95.	52.3	↑	Continue onto 222nd PI SE
96.	52.5	←	L onto SE 28th St

5.1 miles. +218/-241 feet

Num	Dist	Type	Note
97.	52.9	↑	Continue onto 216th Ave SE
98.	53.0	→	Slight R onto SE 32nd St
99.	53.3	→	R onto 212th Ave SE
100.	55.0	↑	Continue onto Louis Thompson Rd SE
101.	55.8	←	L onto E Lake Sammamish Pkwy NE
102.	58.5	→	R onto SE 33rd St
103.	58.5	←	L onto East Lake Sammamish Trail

6.0 miles. +207/-557 feet

Num	Dist	Type	Note
104.	60.7	→	R onto SE 51st St
105.	60.9	←	L onto 220th Ave SE
106.	61.1	→	R onto SE 56th St
107.	61.2	↑	Continue onto NW Sammamish Rd
108.	61.7	→	Slight R at 17th Ave NW
109.	62.4	←	L onto NW Maple St
110.	62.7	→	R onto 12th Ave NW
111.	62.9	→	R

4.4 miles. +67/-33 feet

Num	Dist	Type	Note
112.	63.0	←	L onto 12th Ave NW
113.	63.1	←	L onto Newport Way NW
114.	65.6	➔	Slight R to stay on SE Newport Way
115.	67.8	➔	R onto 153rd Ave SE
116.	67.9	➔	R onto SE 42nd St
117.	68.1	↑	Continue onto 156th Ave SE
118.	68.4	↑	Continue onto SE 38th St
119.	68.8	↑	Continue onto SE 36th St

6.0 miles. +418/-150 feet

Num	Dist	Type	Note
120.	69.3	➔	R onto 142nd Pl SE
121.	69.6	➔	R onto SE 32nd St
122.	69.6	←	L onto Snoqualmie River Rd
123.	70.0	➔	R onto Kelsey Creek Rd
124.	70.1	➔	R
125.	70.1	🚩	End of route

1.3 miles. +95/-13 feet