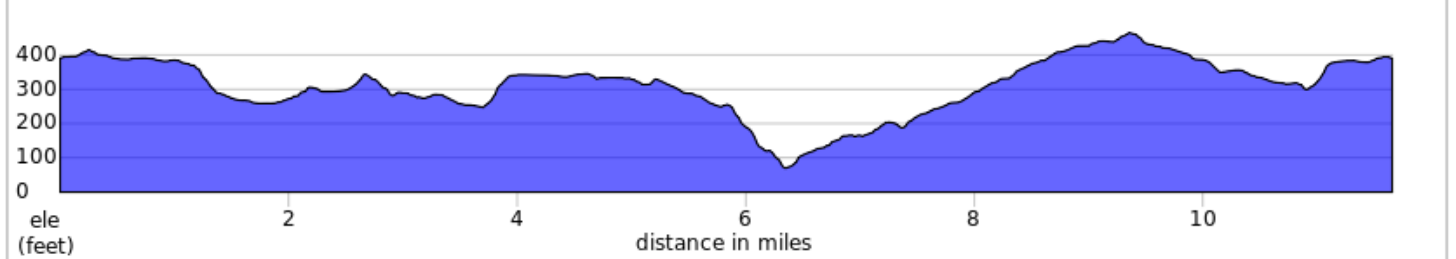
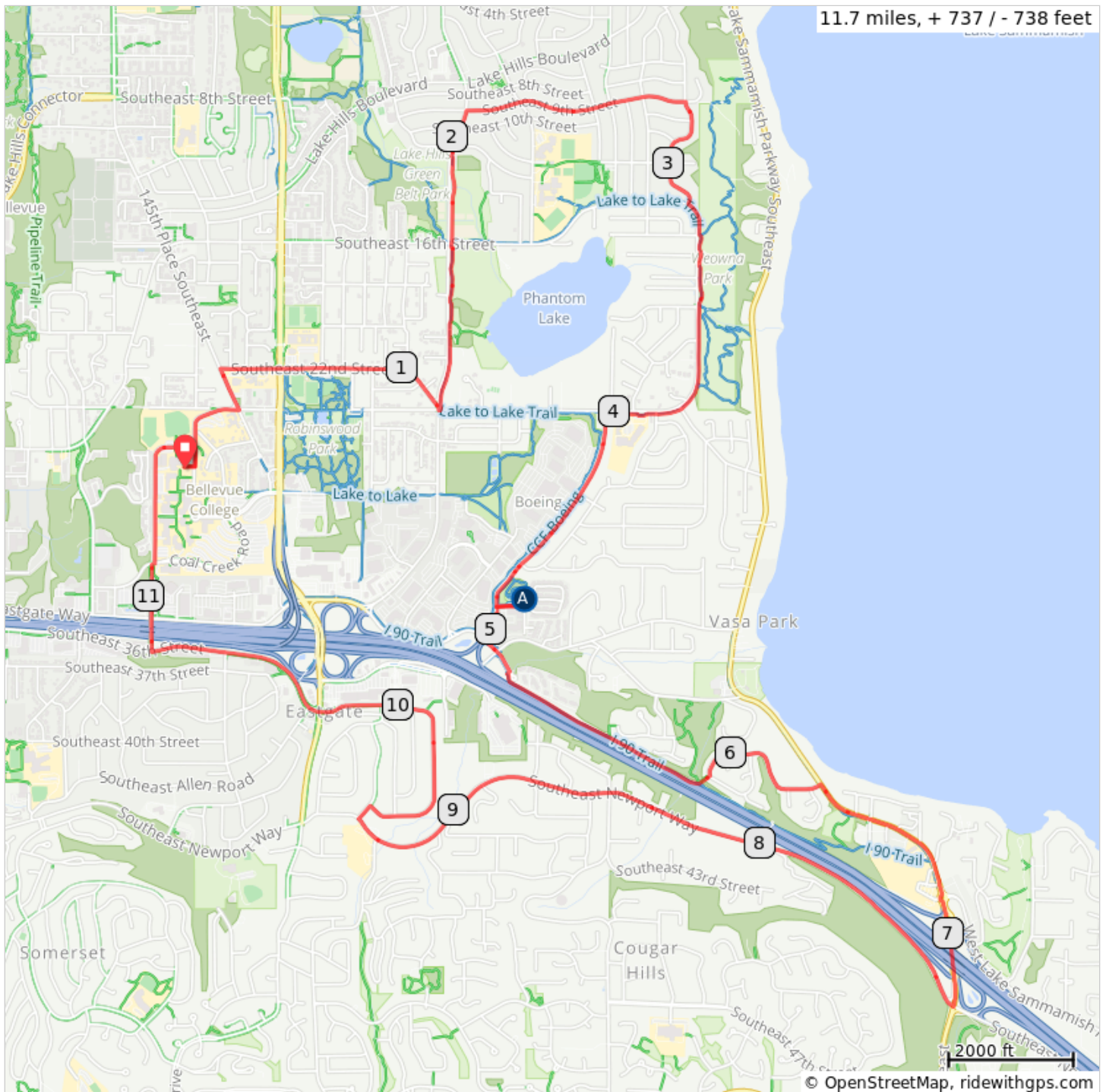


2018 Cycle the WAVE - BRAVE SISTER 12 Mile



A. Spiritridge Park



2018 Cycle the WAVE - BRAVE SISTER 12 Mile

Num	Dist	Type	Note
1.	0.0		Start of route
2.	0.0		Ride Day Support: 206-375-0736
3.	0.0		L onto Kelsey Creek Rd
4.	0.2		Continue onto SE 24th St
5.	0.3		L onto 145th Pl SE
6.	0.4		R onto SE 22nd St
7.	1.2		L onto SE 24th St
8.	1.2		L onto Lake to Lake Trail

1.2 miles. +28/-49 feet

Num	Dist	Type	Note
9.	2.0		Reconnect with the road (slight right) onto 156th Ave SE
10.	2.1		R onto SE 9th St
11.	2.8		R onto 168th Ave SE
12.	2.9		168th Ave SE turns slightly L and becomes 167th Ave SE
13.	3.1		L onto sidewalk/trail entrance
14.	3.8		Cross road - stay on trail

2.6 miles. +113/-111 feet

Num	Dist	Type	Note
15.	4.0		L onto 161st Ave SE (reconnect with the road)
16.	4.7		L onto SE 33rd Pl
17.	4.8		L toward SE 33rd Pl
18.	4.8		REST STOP - Spiritridge Park
19.	4.8		Make a U-turn
20.	4.8		R onto SE 33rd Pl
21.	4.9		L onto 161st Ave SE
22.	5.0		L onto SE Eastgate Way

1.2 miles. +11/-27 feet

Num	Dist	Type	Note
23.	5.1		Stright across SE 35th Pl
24.	5.2		R toward I-90 Trail/Bellevue Trail
25.	5.2		Continue on I-90 Trail (parallels I-90)
26.	5.8		L toward 169th Ave SE
27.	5.9		DISMOUNT BIKE - Steep path!
28.	5.9		GET BACK ON BIKE
29.	5.9		L onto 169th Ave SE

0.9 miles. +14/-85 feet

Num	Dist	Type	Note
30.	6.0	↑	Continue onto SE 40th PI
31.	6.3	→	R onto W Lake Sammamish Pkwy SE
32.	6.8	⚠	Get into lane - Caution Round about ahead!
33.	6.9	↑	At the traffic circle, 2nd exit onto 180th Ave SE
34.	7.2	→	R onto SE Newport Way
35.	9.4	→	R onto 153rd Ave SE
36.	9.4	→	R onto SE 42nd St

3.5 miles. +395/-132 feet

Num	Dist	Type	Note
37.	9.6	↑	Continue onto 156th Ave SE
38.	9.9	↑	Continue onto SE 38th St
39.	10.4	↑	Continue onto SE 36th St
40.	10.8	→	R onto 142nd PI SE
41.	11.1	→	Quick R at stop sign, then immediate L toward Snoqualmie River Rd
42.	11.1	←	L onto Snoqualmie River Rd

1.7 miles. +63/-116 feet

Num	Dist	Type	Note
43.	11.6	→	R onto Kelsey Creek Rd
44.	11.6	→	R to finish
45.	11.7	□	FINISH!
46.	11.7	🏁	End of route

0.5 miles. +0/-3 feet